
Health and Wellbeing Board

4th March 2020

Report of Susan De Val; Commissioning Manager; NHS Vale of York Clinical Commissioning Group (CCG)

Children and Young People's Mental Health and Well-Being Local Transformation Plan Refresh 2019/2020

Summary

1. The report presents the Local Transformation Plan (LTP) refresh to the Board (Annex A refers).

Background

2. *Future in Mind* (2015) established the direction of travel for children and young people's emotional and mental health. The Five Year Forward View for Mental Health (2015) (FYFV) required the preparation of a Local Transformation Plan (LTP) across the CCG local area to demonstrate how the **local area** is driving forward integrated support across the themes of:
 - a. Promotion, prevention and early intervention
 - b. Ease of access to the right support
 - c. Support for vulnerable groups
 - d. Demonstrating transparency in delivery, joint working and investment
3. Although derived in part from NHS initiatives, and drafted and submitted on the CCG footprint, and so includes parts of North Yorkshire and East Riding, this plan is **not** an NHS plan: it reflects the ambition and the collaborative approach of the whole area, and across all agencies. This report focuses on the work across the system which directly affects the City.

Main/Key Issues to be Considered

4. The 5YFV set out the ambition for NHS services:

Five Year Forward View Ambitions	
Future in Mind	<ul style="list-style-type: none"> • 70,000 more children and young people accessing mental health support by 2021 • LTP refreshed annually across the local area
Access and waiting time standards	<ul style="list-style-type: none"> • By 2021 35% of children and young people can access mental health support
Eating disorders	<ul style="list-style-type: none"> • Specialist eating disorder services • Access standards by 2021: 95% commence treatment within 1 or 4 weeks depending on urgency
Public Health England	<ul style="list-style-type: none"> • Develop Prevention Concordat
Crisis support	<ul style="list-style-type: none"> • Crisis resolution and home treatment services by 2021 working 24/7
Peri-natal	<ul style="list-style-type: none"> • 30,000 more women access specialist mental health care
Workforce development	<ul style="list-style-type: none"> • Workforce projections for 2021 • Training in core mental health needs for all professionals

The first LTP plan was published in October 2015 and is refreshed annually. The refreshed plan for 2019/2020 is attached.

The current position, how we are doing

In terms of the 5YFV priorities, good progress has been made:

- Exceed target for children and young people accessing NHS funded mental health support (42% against a national target of 35% in 2019/2020). TEWV and the school well-being service contribute towards the target. We will eventually capture York Mind and Compass Reach interventions as well.
- CYP-IAPT: the partnership has been less effective in recent times as a result of staffing changes, and needs refreshing in 2019/2020
- Implemented across NYY an eating disorders service from 2016/17: on target to meet national standards for access and waiting times by 2021.

- Peri-natal team from Q1 2018/19 managed by TEWV working with pregnant women and mothers with mental health disorders or at high risk.

Key achievements and developments in 2018/19 and Q2 2019/2020 include:

- Additional health investment, totaling £490k recurring from the CCG, £60K recurring from TEWV and £120K non recurrent in 2018/19 from the CCG. Additionally, TEWV now has additional investment via New Models of Care for eating disorders.
- The additional investment is starting to deliver improvements in waiting times for autism assessments, and the time from referral to initial comprehensive assessment in generic CAMHS. These improvements are inevitably slow and will take time to mature, but the direction of travel is positive.
- Successful bid to extend the York Mind Arts Award, working with young people over 12 on the edge of care or exclusion. This is 3 year match funding and will be reviewed in early 2022.
- Development across the digital platform: TEWV has implemented Recovery College Online, and also commissioned Kooth for young people aged 12-18: TEWV uses Kooth as the default options for those not meeting TEWV thresholds and also for those on the emotional pathway whilst waiting. It is also intended that primary care will recommend Kooth as the alternative to CAMHS referrals. Kooth will be available to pupils in the Pocklington area, the first time that children and young people have been able to access any service other than specialist CAMHS.
- Facilitation of a £1M capital bid to NHSE for funding to extend the short breaks offer in York for children with very challenging behaviours (Centre of Excellence), in order to keep them out of residential school placements.

5. The NHS Long Term Plan (NHS Plan) published in 2029 carries forward the ambitions of the 5YFV and includes:

<p>Making sure everyone gets the best start in life</p>	<ul style="list-style-type: none"> • Expanding support for peri-natal mental health conditions • Increasing funding for children and young people's mental health • Bringing down autism waiting times
---	---

These ambitions are reflected in the refreshed LTP.

6. The following significant projects commenced in the last year and will roll forward:
 - MHSTs
 - Arts Award project
 - Centre of Excellence
 - Kooth roll out
 - Trajectory for reducing CAMHS and autism waiting lists

7. Other projects already started and to be carried forward:
 - Physical health checks for children and young people with eating disorders: work with TEWV and the LMC resulted in a draft protocol. TEWV has allocated funding under new Models of Care for eating disorders in 2019/20, which will include recruitment of health care assistants to run physical health check clinics. This will enable completion of the protocol
 - Crisis team roll out to 24/7: team started in Q2 2017/18, it currently operates 10-10, and extension to 24/7 working has been delayed by the closure of the inpatient ward at West Lane, but is scheduled for April 2020.
 - Work on autism pathways across education and health services: too many children and young people are referred for assessment, although conversion rates are improving. More has to be done to reduce the perceived need for assessment by schools and parents.
 - City of York graduated offer pilot for the School Well-Being Service: this will move the service closer to the MHST model, and if successful will improve efficiency and reduce service costs
 - Working with primary care: improved comms around the pathways of support for children and young people and some specific projects including referral arrangements for children who are not in school.
 - Ensuring access to the MHDS for data extraction, and ensuring that all NHS funded services are uploading to MHDS. This is a priority for the school well-being service, which does not currently submit routinely to the MHDS.
 - Re-vitalise the CYP-IAPT partnership in Vale of York, and link into a multi-agency workforce strategy

8. Routine work will continue:
 - Performance monitoring, and targets for 2020/2021

- Pathway review for autism assessments
 - Pathway review for emotional and mental health at all levels of need
 - Monitoring of TCP group through multi-agency Dynamic Support Register
 - Facilitation and relational working with partners through eg Mental Health partnership, SPEMH, SEND Improvement Boards, SEMH Board etc.
9. The longer term local strategic approach includes the future of whole pathway commissioning, for which TEWV has allocated Transformation funding, and which brings in local authority commissioning relationships. We expect that future investment will flow through the whole pathway, and are working with all stakeholders, including children and young people and their families on the priorities for work to integrate services

Consultation

10. The LTP is a joint area plan and reflects engagement and joint working across the area, including local authority colleagues, crime fire and police commissioner, children and young people, providers and third sector.

Options

11. Not applicable.

Analysis

12. Not applicable

Strategic/Operational Plans

13. The LTP reflects and is reflected in a range of local strategy:
- a. NHS Vale of York CCG Strategic Plan references children and young people's mental health as a key priority, and mental health is itself an underpinning theme across all CCG priority areas.
 - b. A key theme in the Health and Well-being Strategy is 'getting better at spotting the early signs of mental ill health and

intervening early'. The LTP references this through the ELSAs, School well-being service, counselling service and the broad scope of the early help offer

- c. Mental health Partnership Plan reflects the Health and Well-Being Strategy and in 2019/2020 has undertaken work to better understand the factors around self-harm in the 14-24 year age group.

Implications

14. None are applicable

- **Financial**
- **Human Resources (HR)**
- **Equalities**
- **Legal**
- **Crime and Disorder**
- **Information Technology (IT)**
- **Property**
- **Other** (*State here any other known implications not listed above*)

Risk Management

15. Not applicable.

Recommendations

The Health and Wellbeing Board are asked to comment on and note the report.

Contact Details

Author:
Susan De Val
Commissioning Manager

Chief Officer Responsible for the report:
Denise Nightingale

NHS Vale of York CCG
Susan.deval@nhs.net

**Director of Complex Care and Mental
health**
NHS Vale of York CCH
Denise.nighingale@nhs.net

Report **Date** 23/02/20
Approved *tick*

Chief Officer's name
Title

Report **Date** 23/02/20
Approved *tick*

Wards Affected:

All **All**

Annexes

Annex A: Local Transformation Plan Refresh 2029/2020